In 2003, I wanted to give back to my community but felt too busy to find volunteer opportunities on my own. A college friend, in whom I confided this desire, suggested that I join the Junior League and, after attending a gathering for prospective members, I couldn’t wait to get started with volunteering. The League spokeswomen at that event probably talked about our Mission to train women volunteers, in addition to serving the community, but the training message must have gone over my head (I was admittedly nervous about making a good impression). In my first year or two of membership, I didn’t really understand why I could receive equal credit for rolling up my sleeves at a Done in a Day or attending a training that would help me to develop myself as a person and professional. “Why are both opportunities called ‘Mission Credits’?” I wondered. I assumed it would make more sense somewhere in the future.

When I began to interact with more seasoned members of the League, I kept hearing the statement, “The League is a training organization,” but I thought, “Well, I don’t need training. I’m in my mid-30s. I’ve started a second career. I’m a grown-up. What kind of training could I possibly need?” Oh, the arrogance of my youth! Now, years later, I realize that the training I have received in the League has been one of the greatest gifts of my membership.

The training from which we benefit in the League takes place on all scales. In perhaps my first or second Active year, a fellow member and I were planning a presentation, and she showed me how to use the format painter “brush” tool in Microsoft Office. Revolutionary! I still use it weekly, if not daily. More recently, fellow members have taught me how to read a balance sheet and a profit and loss statement, competencies I use as President and will also use in my career. Apart from these opportunities to learn a specific skill, the League has offered me countless other lessons: how to lead, how to follow, how to be flexible, how to be firm, how to be courageous, how to be cautious, how to be successful, how to recover from failure, and – perhaps most importantly – how to accept and embrace the opportunity to learn.

The oft-overlooked training aspect of our Mission is not only a vital part of what we do but also a critical element of helping us to serve our community successfully. When we talk about deploying the “effective action and leadership of trained volunteers,” it’s much more than lip service. The challenge is for each of us – and I speak from experience – to be humble enough to realize that, whether or not we think we “need” training, our productivity, happiness, and ability to improve our community can only be heightened by becoming smarter, better, and more trained volunteers.
Recently, we had the opportunity to promote our Empowering You Health Fair on a local news program. When I realized that I would be interviewed on live television, with no chance for retakes, I panicked... until I remembered two things: 1) there are League members who will be able to train me to get through this and maybe even excel at it, and 2) this is another training opportunity that League membership has presented me, so I need to embrace it. Although I doubt I will encounter a similar situation in the future, I now feel prepared to face it – or to help someone else do so.

After 14 years of League membership, I have benefited from substantial training – in quantity and quality – that I never knew I needed or wanted. I’ve also watched fellow members develop new skills, and I am proud to say I have trained others in areas where I have expertise. My hope for each member, whether concluding your first year or your fifty-first year as a member, is that you continue to use our League’s considerable resources to engage in, and offer, training. A women’s volunteer organization committed to training? I wish I could join all over again.

With sincerest thanks for your membership and best wishes for a happy spring,

Elizabeth K. Farr
President, 2016-2017
610-308-7849 | President@JLPhiladelphia.org

SUSTAINERS SHARE
LEADERSHIP INSIGHT AT FIRST GMM OF 2017

by Kelli Brown

The Education & Volunteer Training Committee kicked off the new year with a well-attended General Membership Meeting at JLP Headquarters on January 10, 2017. The meeting featured Sustainer panelists Bobbie Cameron, Barbara Gasper, and Marilyn Sprague, who shared their insight on leadership within the Junior League of Philadelphia and in their diverse volunteer and professional lives. Also, at the meeting Meredith Nissen was announced as our 2017-2018 President-Elect. Congratulations, Meredith!

Sustainer panelists (l-r) Bobbie Cameron, Barbara Gasper, and Marilyn Sprague
FOCUS FUNDRAISING
RAISES OVER $7,000 IN FUNDS
THIS YEAR

The Focus Fundraising Committee has been hard at work this year and is pleased to announce that we have raised over $7,000 thus far! Our Fourth Annual Fall Fête attracted 265 guests and raised $4,182 for the JLP Mission! Here is a quick look at what we’ve accomplished:

- Fourth Annual Fall Fête
- Kendra Scott Grand Opening Celebration
- “New Year, New You” Flywheel Charity Ride
- “Pay What You Wish” Soul Cycle Charity Rides
- “Sparkling Wine, Sparkling Jewelry” Wine Tasting
- Dine & Donate Fundraiser at Harvest

Methodist Services’ Heritage Farm: $30,000 award
- **Mission:** To create a sustainable, community-based food system by growing and providing fresh produce and offering hands-on education and life skills to the families they serve in West Philadelphia
- **Funding Purpose:** To refurbish their farm stand, hire a seasonal educator, and create a community garden with Methodist Services residents

People’s Emergency Center: $20,000 award
- **Mission:** To nurture families, strengthen neighborhoods, and drive change in West Philadelphia
- **Funding Purpose:** To reinstitute Eating Well Cooking Workshops, a six-week program of three-hour classes that teach adults healthy cooking, with the goals of experiencing the connection between healthy eating and healthy living

Community Center at Visitation: $15,000 award
- **Mission:** To provide a safe place for community outreach, continued education, and recreation among the diverse community of Kensington, Philadelphia
- **Funding Purpose:** To stock their food pantry with a wide variety of typically out-of-budget healthy food items and to extend pantry hours to include weeknights

MANNA: $15,000 award
- **Mission:** To prepare and deliver nourishing meals and counsel to those battling life-threatening illnesses in the Philadelphia region, empowering individuals to battle illnesses and improve their quality of life
- **Funding Purpose:** Procurement of a freezer for their new headquarters

CENTENNIAL GRANTS TOTALING $135,000
AWARDED TO COMMUNITY ORGANIZATIONS TO COMBAT FOOD INSECURITY

by Sara Grossman

At our Annual Meeting on April 20, Centennial Grants totaling $135,000 were awarded to five outstanding nonprofit community organizations. In August 2016, the JLP Board of Directors invited nonprofit organizations working to improve food security and health in Greater Philadelphia to apply for Centennial Grants. More than 35 organizations requested a total of more than $1.3 million in funding. Grant funds were raised through contributions, primarily from the League’s own membership of 850 women, to the JLP’s $1.4 million+ Centennial Campaign for Building Community and through other fundraising efforts of our members.

The Centennial Campaign, launched in 2012 and named in celebration of 100 years since the Junior League of Philadelphia’s founding, also funded significant renovations to JLP Headquarters.

Stay tuned for photos of the grant presentations in our next Hotline issue.

The Centennial Grant awardees are as follows:

**Face to Face: $55,000 award**
- **Mission:** To provide the Germantown, Philadelphia community with a safe environment and practical tools to promote health, wellbeing, and stability
- **Funding Purpose:** To construct a kitchenette in their Children’s Center, enabling snack and meal service to children and their parents, as well as educational programming for meal preparation

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Junior Leaguers enjoy the “Sparkling Wine, Sparkling Jewelry” fundraiser at the Kendra Scott store in Ardmore.
EMPOWERING YOU HEALTH FAIR PROVIDES SCREENINGS AND NUTRITION TIPS

by Jill Krey and Stefanie Robinson

The Empowering You Health Fair took place on April 1 with about 150 guests in attendance. The Logistics Subcommittee worked tirelessly to ensure no detail was left unattended. The members coordinated with partner and venue Lankenau Medical Center about where the vendor tables would be located, planned where each vendor would be placed, decided where the screenings and other activities would go, how the committee members and other volunteers would be assigned during the event, and the order of events. The Content Subcommittee worked with each of the vendors to ensure they had all the information they needed as well as accommodating any requests they had. The Research Subcommittee formulated new ideas to allow committee members and participants of the Health Fair to get the most out of their experience. Lastly, the Marketing Subcommittee worked with their marketing liaisons from the Junior League to post specifics on social media and distribute flyers and magnets to promote the event.

This year’s Health Fair theme was “Foolproof Ideas for Healthy Living.” Katie Cavuto, an integrative dietitian, chef, and wellness advocate in Philadelphia, presented a cooking demonstration. She advised attendees on how to bring healthy food ideas into their daily lives. The vendors at the event included The Food Trust, Rothman Institute, Walgreens, Greener Partners, Planned Parenthood, and Green Mountain Energy. There were tables that facilitated youth activities with the help of the JLP Kids in the Kitchen Committee and Colgate Bright Smiles Bright Futures. JoyLife Therapeutics treated visitors to a massage chair, and Lankenau Medical Center provided free health screenings throughout the event. Attendees left with free bags full of healthy living items as well as raffle prizes, which included many different health and wellness-related items.

SPOTLIGHT: GET TO KNOW OUR COMMUNITY PARTNER – SHARE FOOD PROGRAM, INC.

As part of our Apple a Day Healthy Living Initiative™, the Junior League of Philadelphia has partnered closely with Share Food Program, Inc. for the past three years. Share is a nonprofit organization that serves a regional network of community organizations engaged in food distribution, education, and advocacy. This vibrant, high-impact organization is a true trailblazer in reducing hunger in Philadelphia by expanding access to nutritious, affordable food.

Fast Facts about Share Food Program, Inc.

- Share first opened in 1986 and is part of a national network dedicated to expanding community access to wholesome, affordable food.
- In 2016, Share distributed over 24.6 million pounds of food relief to low-income Philadelphia residents facing hunger.
- On a daily basis, Share brings a steady, reliable stream of food relief to more than 505 volunteer-led food cupboards.

Continued on Page 5.
KIDS IN THE KITCHEN ENJOYS SUCCESSFUL SPRING PROGRAMS, SEARCHES FOR NEW COMMUNITY PARTNERS

by Andrea Lerch Moses

The Kids in the Kitchen (KITK) Committee had a busy spring season with its wonderful partner, the Village. We developed a new set of lessons (KITK 2.0) for our returning students from Catherine Elementary and Bryant Elementary Schools.

We are actively searching for new partners to serve in the future. The committee will continue to reach out to several schools and nonprofit organizations in the coming months. If any League members have a suggestion for a potential new partner, please email kidsinthekitchenjlp@gmail.com.

We have had lots to share on the new JLP blog, as well! Check out JLPphiladelphia.tumblr.com/tagged/kitk to see recipes, pictures, and videos from our four very successful fall and spring programs. The recipe below was one of our favorites in the fall – frozen fruit smoothies!

INGREDIENTS
- 1 banana (frozen if possible)
- 2 cups frozen berries
- ½ cup plain or vanilla yogurt
- 1 cup low-fat milk
- ½ cup orange juice
- 2-3 tbsp. honey

DIRECTIONS
- Place all ingredients in blender.
- Cover and blend on high speed until smooth.
- Pour into cups and enjoy!

Makes four small-medium servings.

Students preparing frozen fruit smoothies.

JLP Making a Difference

The Food to Families Committee is comprised of 23 members and led by Chair Sarah Stitzer and Chair-Elect Carrie Scheitrum. The committee volunteers have a substantial impact on Share every month, by bagging, boxing, gardening, and harvesting food for distribution, training and overseeing other volunteers, and planning and presenting educational events on healthy eating and gardening. During a typical bagging Saturday at Share, the JLP oversees the bagging of 5,000 pounds of produce and 400 boxes of food for distribution to families in Philadelphia.

Each day, impoverished Philadelphia families struggle to put food on the table, and the need continues to rise. The city’s “deep poverty” rate – families living at less than half the poverty rate – is twice the U.S. average. Food cupboard recipients are among Philadelphia’s most vulnerable citizens; all are low-income, 12 percent are senior citizens, and 39 percent are children. Without Share, local food cupboards cannot meet the growing need, and the JLP’s support assists Share, by continuing to feed adults and children in our community. Food to Families Committee Chair Sarah Stitzer states, “We are fortunate to have Share as a partner organization. Our committee members leave Share after a bagging Saturday physically feeling like they’ve been at the gym and, more importantly, mentally uplifted and proud that in just a few hours, our committee has positively impacted lives of Share’s constituents.”

SPOTLIGHT: Continued from page 4.

- Last year, Share’s food relief helped an average of 607,513 low-income individuals each month. This figure has increased by 31.4 percent in just the past four years.
- Share is Philadelphia’s designated lead agency for the State Food Purchase Program and the Emergency Food Assistance Program.
- Housed in a converted warehouse space, Share has greenhouses, gardens, hoop houses, apiaries, and a shop where it sells products produced onsite.

MEMBER MILESTONES

Amber Overton and her husband welcomed Grant Parker Patterson into the world on March 13, weighing 8.2 pounds and 20 inches long. Everyone is well and they are settling into their new life as a party of three!

Lauren Woehr and her husband, Daniel McDowell, are excited to announce the birth of their daughter, future Junior League volunteer, Caroline Grace McDowell, on March 24.

Elizabeth Rath Wentzel and her husband Matthew welcomed Noah Lawrence Wentzel on February 1 at Pennsylvania Hospital. Noah was 8 pounds and 19 and 3/4 inches and is welcomed home by the family cat, Poppy.
As you read this Hotline, spring should be in full swing, and we will be heading towards the end of the JLP year. The Sustainer spring calendar is always busy.

I hope you were able to attend the March 12 Done in a Day (DIAD) at our Thrift Shop, organized by Susan Arnold. Prior to our DIAD, I redoubled my efforts to cull through the accumulation of 31 years in our house to bring donations that day. Not only is the Thrift Shop our largest fundraiser, it’s a visible community project. At any time when you drop in, you’ll see many shoppers looking for additions to their wardrobe or house.

The Spring Teas/Socials (including wine at some!) are always a hit. It’s nice to visit in smaller groups with prior and new acquaintances. Sharon McNamara and Anne Sly planned a variety of times and locations, including Dunwoody Village, which provided the refreshments for that event.

I hope you have the Sustainer Spring Membership Meeting on your calendar for May 7. Mary Alice Michaels and Joan Prewitt always plan and execute a flawless event, especially the floral arrangements. Celebrating our Special Sustainers is a highlight of the meeting. Come and have a wonderful time!

Margie Patches and Nancy Scarlato arranged a day trip on May 9 to the Grounds for Sculpture in New Jersey. I wasn’t able to attend the Garden Club’s visit earlier this year, so I’m looking forward to our day trip. The day is flexible, to accommodate schedules and the weather.

May Celebration is at Merion Cricket Club on May 24, sponsored by Bobbie Cameron. This is always a fun event, celebrating the JLP’s achievements and ushering in the new JLP President. There is always a cadre of Sustainers attending the event, so plan to come and celebrate.

Our interest groups continue to offer a wide variety of options to connect with fellow Sustainers. If you’re interested, reach out to the contacts listed in the fall mailing. If you have an idea for a new group, please let me know. If you’re interested, I’m sure there are other Sustainers who would be interested as well.

It was wonderful to see some of you at the spring events, and I look forward to seeing you at the upcoming events.

Warmly,

Mary S. Hinds
Sustainer Chair, 2016-2017

Located in Hamilton, NJ, Grounds for Sculpture is situated on 42 magnificently landscaped acres of the former New Jersey State Fairgrounds. There is a constantly evolving collection of contemporary outdoor sculptures and rotating exhibits in six indoor galleries. Grounds for Sculpture is the vision of American artist Seward Johnson, who is famous for his life-size bronze figurative sculptures.

We will have a private docent-led tour of the sculptures on Tuesday, May 9 at 11 a.m. Please note that this is a one-hour, outdoor, walking tour. Rain or shine.

After our tour, you may choose to have lunch at one of three restaurants on the grounds:

- The Peacock Café - freshly made sandwiches, salads, paninis, pizza, homemade desserts, etc.
- The Van Gogh Café - French-inspired street food, patisserie, made-to-order crepes, baguette sandwiches, artisanal cheeses, etc.
- Rats Restaurant - featuring country French cuisine. Zagat-rated for top décor and Philadelphia Magazine’s “Most romantic restaurant.”

Continue exploring the galleries and grounds after lunch or head back home.

Hamilton, NJ is less than an hour away, and we will assist with car pools once we have our list of attendees.

Contact Margie Patches or Nancy Scarlato with any questions.

Margie Patches
215-520-1847
patchdad@aol.com

Nancy Scarlato
610-658-1923
nscarlato@aol.com
THE GARDEN CLUB: YEAR IN REVIEW

The Garden Club has been busy with numerous fun and exciting programs since the end of October. On a Saturday in November, acclaimed floral designer Marty Devenney demonstrated how to make table arrangements for Thanksgiving and Christmas. With the provided flowers and greens, we followed her demonstration to create beautiful centerpieces for Thanksgiving and then learned how to transform them for Christmas.

In December, the Garden Club and Larks met for our outreach effort and made small Christmas decorations that were donated to Ida’s Place.

The Cooking Klatch joined the Garden Club in January at Bryn Mawr Presbyterian Church for a luncheon planned and prepared by both groups. Mickey Cooper organized the meal and Joan Prewitt arranged the clever and lovely centerpieces for the Garden Club. Everyone was asked to donate canned food for the food closet.

On February 27, Fran Northrup, past chair of the Philadelphia Flower Show, spoke at Bolingbroke, St. Martin’s Church in Radnor about “The History and Production of the Philadelphia Flower Show.”

On March 27, Nancy Kohn, Director of Garden Programs for Philadelphia Horticulture Society spoke about their involvement with the Philadelphia Community Gardens and City Harvest.

On April 24, we met at Jenkins Arboretum. Harold Sweetman, PhD, Executive Director of Jenkins Arboretum, spoke about “Bringing Ribbon Native Plants Award Program.”

All programs start at 10 a.m. on Mondays or Saturdays. If you are not a member of the Garden Club, we encourage you to attend these great programs. A luncheon prepared by our members is served after the program. R.S.V.P. to Joan Prewitt at 610-989-1756 or jtprewitt@hotmail.com if you wish to attend.

FEEDING THOUSANDS DONE IN A DAY:
70,464 MEALS IN FOUR HOURS AND FIFTEEN MINUTES

JLP Sustainers and New Members joined nearly 300 community volunteers on March 26 to package meals to be distributed through Philabundance and through local food pantries, including the People’s Pantry in Frazer and Great Valley Food Cupboard in Devon. The Feeding Thousands event was hosted at St. Luke Lutheran Church in Devon. The JLP rose to the challenge, packing 20 boxes in two hours for a total of 4,320 meals. The JLP partnered with Outreach to sponsor the cost of 3,000 of the meals at 25 cents per meal.

On Saturday, May 13 the “Sight and Sound of Songbirds” will be the topic presented by Kylius Jones, a birding enthusiast.

HOTLINE DEADLINES
Spring Issue: April ’17
Please contact Hotline Editor Lauren Wehr with questions or comments.
The Hotline is eager to accept your articles and story suggestions. Please feel free to contact us with your articles and proposals to make this newsletter better.
To publish the Hotline in a timely manner, articles are to be submitted via email at Hotline@JLPhiladelphia.org. Each article must have a byline and a headline. Remember Hotline also accepts advertising; $25 for classified ads, $200 for 1/2 page ads (4” x 5”), $300 for 1/2 page (7.5” x 5”) and $525 for full page pads (7.5” x 10”). Discounts are available for recurring ads.
The Junior League of Philadelphia, Inc. is a 501(c)(3) organization.
DINNER AND A MOVIE
(NEW NIGHT)

One night a month, please join fellow Sustainers for Dinner and a Movie. We will meet at a local restaurant for an early dinner to discuss current movies and events. After dinner, we will head to a nearby theater to attend the movie of your choice. For more information and to be added to the email and phone lists, please contact either Judy Hellekson at 610-525-2370 or judyhellekson@aol.com or Barbara Juda at 610-695-8035 or byjuda@comcast.net.

JOIN AN AFFINITY GROUP

The Social Committee’s nine affinity groups create events and an opportunity for JLP members to develop friendships and connections within the JLP. Group events are posted to the JLP calendar as they are planned throughout the year. The Social Committee has created Google groups for each of the affinity groups. Links to request join can be found by searching “Affinity Groups” on the JLP homepage, or by contacting the group’s Social Committee liaison, who will add you directly or send you a personal invitation to join. All members - Actives and Sustainers - are welcome and encouraged to join any or all of the groups.

Book Club
Katie Delach and Megan Shannon

Coffee Club
Katharine Batista and Meghan Ignatiosky

Dinner Party Club
Stephanie Giacone and Ada Lubanski

Documentary Club
Kelly Steyn

Fitness/Wellness Club
Katharine Batista, Stephanie Giacone, Neha Mehta, and Jill Moniz

Moms Club
Liz Rath and Paula Strokolff

Night Out Club
Madeline Hinchion and Heather Lenker

Philly Explorers Club
Katie Delach, Heather Lenker, and Johanna Schneider

Small Business Owners Club
Lindsay Cook