PRESIDENT’S PERSPECTIVE

By Elizabeth K. Farr, 2016-2017 President

One of the qualities I value most about the Junior League is our intergenerational membership. Although separated into member classifications of “Sustainer,” “Active,” and “New Member,” we are – in fact – one League. We are one League of volunteers. We are one League of members committed to promoting voluntarism and improving our community. We are one League of talented, dedicated, and inspiring women.

When I met Sustainer Sally Hillyer in 2011, I learned that we had two important things in common: we both went to Vassar College, and we both love to golf. Sally is 34 years my senior, but with our shared commitment to the League and similar interests outside of it, we just “clicked.” She is an entrepreneur, business owner, wife, mother, and grandmother, and she served as our President when I was in diapers. Sally and I got to know each other when we volunteered together on the League’s Centennial Capital Campaign Committee, an experience that stretched us and forged our friendship. Now we take turns treating each other to a round of golf and talking about our belief in the League’s work. She always wins golf, and not because I let her.

At the other end of the membership spectrum is first-year Active Becca Nock. In October of 1990, I had just graduated from college and was working at my first “real” job; Becca was born. As a New Member last year, Becca volunteered for the committee, on which I also served, that planned our League’s first-ever regional training, the Liberty Learning Exchange. Despite having been a League member for only five months, Becca stepped right up on the committee and proved herself an invaluable part of the event’s success. She’s equally impressive outside of the League: In 2015, Becca completed a Masters in Nursing and Healthcare Administration from Penn’s Center for Integrative Science in Aging, and earlier this year she earned a place on BillyPenn.com’s “Who’s Next in Health” list. She also makes me laugh.

(continued on page 2)
My life is fuller for knowing Sally and Becca, and through them I’m able to connect both with the League’s past and with its future. I don’t think of Sally as a Sustainer or Becca as an Active; I think of each as my fellow League member and – lucky for me – my friend. Too often, however, I hear members begin a sentence with, “The Sustainers...” or “The Actives...,” usually followed by a statement implying that all members of a particular group think the same way or do the same things. In my experience, this is rarely true. We would never presume that all members who live in Center City think the same way, nor that all married members do the same things…right?

The Junior League of Philadelphia is comprised of an incredibly diverse group of more than 825 women, and it is our diversity that makes us both strong and successful. We come together to promote voluntarism, develop the potential of women, and improve our community, and we do so from an impressive composition of varied ages, religions, races, creeds, martial statuses, sexual orientations, political beliefs, geographies…and yes, membership classifications.

I urge each member of the League to get to know some women in a completely different phase of their Junior League lives. Sustainers, come to a General Membership Meeting or a social activity. Actives and New Members, attend one of the terrific offerings planned by the Sustainers. Do you need help meeting these other women? I would be delighted to introduce you to another member 30 years your junior...or 30 years your senior. I’ll wager that sharing a glass of wine or a cup of coffee, chatting about your shared love of the League, will transcend the age gap. You’ll also have fun.

Nowhere else but in the Junior League could I have developed these relationships with inspiring women like Sally and Becca, one of whom is old enough to be my mother and the other, my daughter. From Sally and Becca, I have gained knowledge; with Sally and Becca, I have shared my knowledge. I hope the same for each of you, and I hope you’ll always remember that we are one League.

Elizabeth K. Farr
President, 2016-2017
610-308-7849 | President@JLPhiladelphia.org
MEET THE 2016-2017 JLP BOARD OF DIRECTORS


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Assistant to the President
At our annual May Celebration, the entire JLP recognized the following committee and members for their accomplishments during the 2015-2016 League Year:

**Committee of the Year: The New Member Course Committee**

Also Nominated: The Empowering You Health Fair, The American Girl Fashion Show, Kids in the Kitchen, The Liberty Learning Exchange Regional Training

**New Member of the Year: Natalie Kay**

Also Nominated: Jessica Brackett, Jennifer Bravo, Gabrielle Jordan, Christine Lloyd, Yana Margulis, Neha Mehta, Vanessa Colley, Elise Fulginiti, Becca Nock

**Leader of the Year: Sara Grossman**

Also nominated: Laura Bahneck, Ashley Chiaradio, Elizabeth K. Farr, Ashley Magrath, Elizabeth Moyer, Nikki Lynne Stephanou and Caitlyn Sell, Paula Strokoff, Katarina Wilson

**Volunteer of the Year: Mary Beth Horvath**

Also nominated: Jessica Brackett, Emma McCreight, Patricia Flaherty-Fischette

**Apple a Day: Paula Strokoff**

**President’s Cup: Elizabeth Moyer**

**Golden Hanger:** Katie Adams Schaeffer, Nancy Ahlum, Laura Bahneck, Kathryn Barth, Jennifer Bravo, Casey Breslin Murphy, Jill Bronner, Erin Bushnell, Ashley Carroll, Cristin Cavanaugh, Linda Chase, Regina Colantonio, Allison DeLaurentis, Amanda Doerflein, Jennifer Dougherty, Jennifer Eppensteiner, Lauren Gentzler, Samantha Harders, Emily Hepburn, Lisa Hinz, Laura Hoensch, Mary Beth Horvath, Renee Howell, Katharine Koob, Stephanie Lippincott, Emma McCreight, Maria Renee McKinney, Colleen Mita, Christine O’Neil, Melissa Page, Kerry Shields, Nikki Lynne Stephanou, Cathlin Sullivan, Lauren Woehr, Lauren Zabel

Membership Anniversaries were recognized:

**5 Years:** Danny Barbat-Gonce, Katharine Batista, Aronté Bennett, Erin Boyle Ward, Kira Bryers, Medgine Carnes, Linda Chase, Eleisha Cooke, Victoria Cox, Terrie Grainger, Jennifer Hall, Emily Hepburn, Shauna Itri, Ursula Keating, Anne McAndrew, Lindsay McCraw, Amanda McKeown, Lena Ryder, Kelly Steyn, Elizabeth Sturgeon, Elizabeth Swiker, Lauren Zabel

**10 Years:** Meredith Nissen, Bridget O’Connell
On June 18, 2016, the JLP Food to Families Committee participated in the Share Food Program, Inc. “Welcome to the Farm” event. The attendees from the community had the opportunity to participate in several workshops and view a cooking demonstration. SHARE’s urban agriculturist, Michelle, led a tomato growing workshop. JLP members led a container gardening workshop station where participants could plant a tomato plant and a variety of herbs (chives, dill, oregano, and basil) to take home with them. This successful event had 57 community participants. JLP members also presented a healthy cooking demonstration using ingredients that were included in the SHARE monthly food boxes or grown in the SHARE garden. Participants were invited to taste the finished products, such as grilled pizza, raw beet salad, sweet potato cakes, and onion cakes.

During the summer, the Food to Families Committee led three bagging days on June 18, July 16, and August 20. JLP members also staffed a farmer’s market stand at SHARE on the third Saturday of the month for those who could not attend the regular farmer’s market held during the week. Thousands of pounds of fruits and vegetables, including sweet potatoes, white potatoes, onions, apples, and oranges, as well as shelf-stable items for seniors, have been sorted into bags and prepared for delivery this summer.

**RAW BEET SALAD RECIPE**

*Created by Kira Bryers*

**Ingredients**
- ¼ cup olive oil
- Lemon juice, freshly squeezed
- 2 tbsp. Dijon mustard
- 1 tbsp. fresh parsley leaves, chopped
- 1 tbsp. fresh chives, chopped
- 4 medium red or golden beets (or a mixture), peeled and grated
- Salt and pepper to taste

**Directions**

Combine olive oil, lemon juice, and mustard in a medium bowl and whisk until the mixture has emulsified. Stir in herbs and grated beets. Season with salt and pepper to taste. Chill the mixture overnight in the fridge.

Food to Families committee members lead a container gardening workshop and a healthy cooking demonstration at SHARE’s “Welcome to the Farm” event.
WOMAN CRUSH WEDNESDAY: WHOM DO YOU ADMIRE IN THE LEAGUE?

The Brand Marketing and Public Relations Committee is seeking nominations for 2016-2017 “Woman Crush Wednesday” (aka #WCW). The weekly #WCW posts aim to express enthusiasm for our fellow members and celebrate our shared commitment to our Mission. Selected nominees will be featured in a #WCW post on JLP social media outlets such as Facebook or Instagram.

#WCW Nomination Information:

- Name of Nominee
- Current JLP status (New Member, Active or Sustainer)
- What you admire most about the Nominee
- Personal traits, recent activities, or ways that she has made an impact on the JLP and the broader community

Feel free to also include: a fun photo of the Nominee, a link to the Nominee’s social media profiles (Facebook, LinkedIn, etc.), and additional references who can share stories about the Nominee.

Nominations must be submitted electronically by email to jlppublicrelations@gmail.com.

DONE IN A DAY REACHES OUT

Done in a Day (DIAD) projects focus on short, intensive community projects that are completed in a single day or single weekend. Volunteers are generally scheduled in three-hour shifts over a time span of half-day, one-day, or two-day periods. With the goal of providing assistance to a greater number of people in need, these activities allow the Junior League of Philadelphia to reach beyond our regular League projects and help other service organizations throughout the Philadelphia area.

Among the local nonprofit agencies that have benefited from a DIAD project are Cradles to Crayons, MANNA, Philabundance, Ronald McDonald House, World Meeting of Families, Jewish Relief Agency, Greener Partners and more. Together with the support of our community partners, we are able to make a positive impact on our community.

The DIAD Committee is planning volunteer events throughout the year, including a Fall Service Day, for worthy causes that align with the JLP’s focus area. One of the DIAD Committee’s main initiatives this year is to partner with Philabundance and MANNA on a monthly basis, so there will be many opportunities to participate in an event with them. Remember to check the JLP Calendar to see what DIAD events are coming up and to sign up as they are scheduled!

KIDS IN THE KITCHEN PARTNERS WITH theVillage

Kids in the Kitchen (KITK) is excited to be gearing up with another multi-week program this fall with a wonderful community partner: theVillage. Located in Southwest Philadelphia and Rosemont, theVillage is a community-based organization that provides child welfare, residential programs, mental health, and prevention services to children and families. Last year, the pairing of KITK and theVillage proved to be a formidable partnership that furthered the Junior League of Philadelphia’s Apple a Day Healthy Living Initiative™ to bring nutrition education, food access, and healthy lifestyle choices to low-income students in Southwest Philadelphia. Using a train-the-trainer structure, Kids in the Kitchen and theVillage worked together to successfully execute an eight-week program last spring that reached 24 elementary and middle school students.

With an expanded committee of approximately 25 members led by Co-Chairs Elizabeth Brogan and Lis Lubin, and Chair-Elect Andrea Moses, Kids in the Kitchen cannot wait to share all of the exciting, educational, and engaging lessons (and recipes!) with a new group of students this fall.
EMPOWERING YOU HEALTH FAIR PREPARES FOR APRIL 2017 EVENT

The Empowering You Health Fair (EYHF) aims to promote healthy living awareness and provides empowering and comprehensive wellness education and activities to the community. We want to motivate participants to take charge of their health by making positive health behavior changes, and EYHF provides them with the resources to do so.

The Empowering You Health Fair Committee is busy getting started planning next year’s health fair. Save the Date for April 1, 2017! We are currently working with Lankenau Medical Center to provide new types of health screenings and generally increase the number of health screenings we are offering during the fair. We are also working on increasing the number of vendors and getting more local vendors involved. We believe that utilizing our local businesses is very important.

We will also be adding more community involvement with Lankenau Medical Center throughout this year. One of the first events the EYHF Committee will be participating in, and volunteering with, is the Women’s Heart Initiative on November 2, 2016. It will be an educational seminar for women to provide information on a heart-healthy life. Topics will include nutrition and wellness, menopausal effects on the heart, A-fib and rhythm disturbances, cardiac tests and screenings suggested for women, and new advances in cardiovascular technology.

UPCOMING EVENTS WITH THE SOCIAL COMMITTEE

The Social Committee is back and ready to host some great events, with a mission to promote a diverse and welcoming League culture in which members can strengthen friendships and create new ones. The dynamic members of this year’s Social Committee met at the end of August to set a course for the year. They shared new ideas for creating an exciting schedule of fun events for League members to enjoy. This year, the Social Committee will also introduce affinity groups to offer more intimate gatherings of League members who share at least one similar interest, such as fitness, exploring Philadelphia, arts and culture, activities with children, and more! We hope that the affinity group project will create yet another opportunity for League members to connect with one another and to feel connected with the League.

The first social event of the year was held at Misconduct Tavern following the September General Membership Meeting. Social Committee members are finalizing details of October League-wide events and the affinity group project. Watch social media, the JLP calendar, and JLP publications for news about League-wide social events and affinity group activities and sign-ups.
Greetings, Sustainers.

It’s hard to believe that fall is just around the corner as I write this at Hatteras, NC with temperatures in the 90s.

We had an exceptional spring 2016 schedule. The Spring Membership Meeting was a delight. We had a great turnout, lots of conversation, and a lovely performance by the Larks. There was a Sustainer donation party, hosted by the Thrift Shop Committee, in May. The donations received coincident with that event raised $3,600 for the Thrift Shop! There were Sustainer activities galore, from Book Club to Klatch to Evening Sustainers.

During the summer, the Flower, Barnes & Fun (f/k/a B&B) Committee has been busy preparing to host Junior League and Garden Club visitors for the 2017 Philadelphia Flower Show. The event has been reconfigured based on feedback from the BBB&B Ad Hoc Committee report. Stay tuned for more information and options to participate—it’s going to be wonderful.

The always popular theater trip and Fall Membership Meeting promise to be fun. Dinner and a Movie will be back this year after a hiatus. The fall mailing had registration information for those events requiring registration. As last year, there will be a list of the various activities and whom to contact if you are interested in joining any/all of the groups. There are a myriad of activities to keep us entertained and connected.

I know we all wish to extend our thanks to Deedie for her leadership last year. I had served on Deedie’s Board when she was the President and we had a great time rekindling our friendship while discussing League activities.

If you have any questions or suggestions, please let me know. I look forward to seeing you at one or many of our fall activities.

Mary S. Hinds

JUNE 2016 SUSTAINER LEADERSHIP COUNCIL MEETING

(From left to right): 2015-2016 Sustainer Chair Deedie O’Donnell hands the gavel to 2016-2017 Sustainer Chair Mary Hinds; Sustainer members attend the June 2016 Sustainer Leadership Council Meeting
The Junior League of Philadelphia, Inc. (JLP) Sustainers proudly present Flowers, Barnes & Fun (FBF), an event comprised of many of the elements of the very successful predecessor BBB&B. Once again, we will be inviting other Junior Leagues and selected Garden Clubs to join in on the fun. We are very excited to host visitors to Philadelphia during the Flower Show. Experience the internationally renowned PHS Philadelphia Flower Show as you never have before and celebrate the return of spring with your Junior League of Philadelphia friends and guests from around the globe. This special event kicks off on Wednesday, March 15, 2017 with a welcome dinner and cocktails at the historic Acorn Club of Philadelphia, continues with a VIP tour of the Philadelphia Flower Show and dinner at the Cosmopolitan Club on Thursday, March 16, and culminates on Friday, March 17 with breakfast at the Philadelphia Marriott Downtown and a tour of a visit to the Barnes Foundation.

The 2017 PHS Philadelphia Flower Show will highlight the gracious wonders and horticultural traditions of Holland and will also feature displays and information promoting sustainability and urban gardening. The show, which was established in 1829, is the largest annual horticultural exhibition in the United States and is located at the Philadelphia Convention Center at 12th and Arch Streets.

Another Philadelphia icon, the Barnes Foundation, is home to over 3,000 impressionist, post-impressionist, and early modern paintings. Art historians and curators consider the late Albert C. Barnes’ collection to be among the finest private collections of these works ever assembled. The museum features masterpieces by Cezanne, Matisse, Picasso, Renoir, and Van Gogh and is located on “Museum Row” on the Benjamin Franklin Parkway.

Included with the package are private dinners for guests of the JLP to be held at the historic, members-only Acorn Club and Cosmopolitan Club in Center City and breakfast at the Philadelphia Marriott Downtown. Enjoy access to these beautiful and exclusive venues arranged by the JLP and mingle with other guests who share your love for art, horticulture, and Philadelphia’s vibrant cultural scene.

Questions about the tour should be directed to JLP Sustainers Patricia Doolittle or Bertina Whytehead.

**DINNER AND A MOVIE**

One Friday night a month, starting in September, 2016, please join fellow Sustainers for Dinner and a Movie in King of Prussia. We will meet at a local restaurant for an early dinner and to discuss current movies and events. After dinner, we will head to the UA King of Prussia to attend a movie of your choice. For more information and to be added to the email list, please contact either Judy Hellekson at 610-525-2370, judyhellekson@aol.com or Barbara Juda at 610-695-8035, byjud@aol.com.

**SUSTAINERS DIG DEEP AT DIAD**

By Patricia Doolittle, Sustainer DIAD Co-Chair

On a mild and sunny Saturday in late April, 10 enthusiastic Sustainers donned their volunteer t-shirts and gardening gloves to till the developing orchard on the grounds of Casa del Carmen in North Philly. We worked to complete Phase Two of a project which, when fully established, will provide fresh fruit to local residents of this low-income neighborhood. We partnered once again with ‘POP’ (the Philadelphia Orchard Project), whose mission is to plant and support community orchards across the city. POP’s tag line boasts “53 community orchards, 1028 fruit trees (1032 after our visit!) and growing.”

We were tasked with ridding the area of as many weeds as possible, followed by planting fruit trees, berry bushes, and vines; we gamely rolled up our sleeves and dug in. Large-scale weed eradication was achieved by the ‘lasagna’ method - an ingenious system of layering recycled cardboard boxes over an expanse of ground. The boxes were subsequently wetted down, covered with topsoil and finally layered with mulch. In all, we moved seven tons of mulch.... not too shabby!

The Greater Philadelphia Coalition Against Hunger worked alongside us. This organization strives to build a community where all people have the food they need to lead healthy lives. Did you know that one in four people in Philadelphia is at risk for hunger? The Coalition supports communities fighting hunger in their backyard by providing funding and volunteers to run food pantries and soup kitchens. In addition, they offer free nutrition classes.

This Done in a Day was a fun and meaningful endeavor that provided a great sense of accomplishment, especially when we looked at all that was achieved from start to finish. The fruits of our labor will indeed bear fresh fruit for a healthier Philadelphia. A great day’s effort!

We would like to recognize Casa del Carmen - A Family Service Center providing over 50 years of service to the Latino community. They support social services that include daycare and after school programs, pregnancy services, financial counseling and education, an aging in place program, and counseling in mental health issues.
SUSTAINERS DIG DEEP IN DONE IN A DAY AT THE PHILADELPHIA ORCHID PROJECT

APRIL 2016 SUSTAINER WINE AND CHEESE EVENT
About 80 Sustainers gathered on Sunday, April 24 at Teca Restaurant in Newtown Square to honor the new class of Special Sustainers, celebrate “Sustainable Assets: The Extraordinariness in Our Midst,” and vote on the slate of new Sustainer officers. The Larks entertained with two songs. Of the 11 women reaching Special Sustainer status, six were in Florida and unable to attend – an indication that 80 is a lot younger than it used to be. Present to receive recognition were Sally Cooke, Sally Hillyer, Ann Kamph, and Didi Rieger. Unable to attend were Lois Bortle, Ellen Conlan, Charlotte Deserio Watts, Sally Jannetta, Nancy Lawley, Phyllis Scott, and Carol Stefanik.

The luncheon co-chairs, Susan Mease and Terri Young, talked about some of the “Extraordinariness in Our Midst,” helpfully illustrated by the clever centerpieces designed by Joan Prewitt and her daughter Mary Alice Michaels, which incorporated a multitude of photographs taken throughout the history of the JLP. We learned a little more about ourselves, including the fact that Judy Helleckson had transferred the most times (7) and Jean Alsentzer nosed out Sally Hillyer for most years of membership in the Junior League (65). We saw that probably two-thirds of the people present worked either full- or part-time and many of the people present were either the daughter of a Junior Leaguer or the mother of one – or both!

During dessert, Deedie O’Donnell, 2015-2016 Sustainer Chair, conducted a short business meeting. She announced the awarding of a $48,000 grant from the Blossom Fund to the Philadelphia Orchard Project and recognized the founders of Bed, Breakfast, Blossoms & Barnes: Sandy Williams, Suzanne Vander Veer, and the late Judy Michaelis. She also recognized all those present who had ever worked on BBB&B helping to raise the money to make the grant possible. The new slate of officers was introduced and voted on. They are: Mary Hinds, 2016-2017 Sustainer Chair; Jeannette Schiegel, Chair-Elect; Cornelia Viera, Recording Secretary; Sue Clark, Corresponding Secretary; and Susan Henley, Treasurer (second year).

Susan Mease and Terri Young came back to present a few “special awards” to more of our Sustainable Assets:

- The Marco Polo Award: Mary Cloud Hollingshead
- The Fitness Standard to Which We All Might Aspire: Gretchen Cooney
- Kitchen Elf: Judy Moneta
- First Responder: Mary Burr, Sam Soldan
- Financial Wizard: Jane Sagendorph
- People Who Should Be Running for President of the United States Instead of the Ones Who Are: Marge Devlin, Sally Hillyer, Marilyn Sprague
- Most Inspiring Sustainer: Bobbie Cameron
The Junior League of Philadelphia, Inc.
27 West Lancaster Avenue
Ardmore, PA 19003
Return Service Requested

HOTLINE DEADLINES

Winter 2016 issue: November 4, 2016

Please contact Hotline Chair Lauren Woehr with questions or comments.

The Hotline is eager to accept your articles and story suggestions. Please feel free to contact us with your articles and proposals to make this newsletter better. To publish the Hotline in a timely manner, articles are to be submitted via email at Hotline@JLPhiladelphia.org. Each article must have a byline and a headline. Remember, the Hotline also accepts advertising: $25 for classified ads, $200 for 1/4 page ads (4” x 10.5”), $300 for 1/2 page ads (5.25” x 8”) and $525 for full page ads (8” x 10.5”). Discounts are available for recurring ads.

The Junior League of Philadelphia, Inc. is a 501(c)(3) organization.

UPCOMING EVENTS

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Details about these events and more can be found on the JLP website: www.JLPhiladelphia.org.