Dear JLP Members,

Fall is the season for friends, family, and football, as well as one of my favorite holidays, Thanksgiving. At Thanksgiving, we take time out to formally give thanks, but shouldn’t we be grateful for what we have? And shouldn’t we give of ourselves to others?

Recently I had the opportunity to participate in the Fall Service Day project at Face to Face, organized by the Done in a Day Committee (DIAD). Upon arrival, I walked through an overgrown path to reach a clearing. Within a few hours, the area was cleared of the plant growth. The garden backs up to a home and, as the plants and vines were cleared, we came literally face-to-face with a little boy and his father on their back patio. Soon, the father and son had joined us in the garden and the little boy was raking dirt and smiling. It was hard work pulling urban growth, trimming tree limbs, and hauling debris. Seeing the little boy smiling while working at raking reminded me that I am thankful that I have the physical ability and time to serve the community. I am thankful for all the ladies with whom I worked on Fall Service Day. The space looked amazing when we finished. Thank you to the DIAD Committee for organizing the event.

When I think of the community of people that the JLP serves, I am reminded of all that I have. I am grateful that I am healthy, have a supportive family and supportive friends, have a place to live, and food to eat. I could go on and on. When something unexpected comes up, I remind myself, it isn’t really so awful when I think of all the problems others have. For example, one morning, I tried to start the car to work and I hear “click, click.” The car battery is dead. Ugh! Through my annoyance I remember that I am fortunate enough to: own a car to drive; have a job to go to; have money to buy a new battery; and have a cell phone to call the office to let them know that I will be late. Sure, I am feeling frustrated but taking a step back, I realize this is a temporary situation and I am grateful that the problem can be solved fairly quickly and easily. It is not so easy to fix some of the other problems in our communities.

The Junior League continues to work with our community partners to end food insecurity in the Philadelphia area. This year the League has educated children through the Kids in the Kitchen program, packed food boxes, and cleared and planted gardens all towards ending food insecurity. Whether you are working directly with the community or supporting our mission with membership development and trainings, I am grateful for the contributions of your time and talents. Your work does not go unnoticed. I appreciate what each of our members - whether Sustainer, Active, or a New Member - does to make the League run smoothly.

In the season of thanks I’ll end with a quote from Oprah Winfrey: “Be thankful for what you have; you’ll end up having more. If you concentrate on what you don’t have, you will never, ever have enough.”

Thank you, fellow members.

Mary E. Peller
President, 2017-2018
president@jlphiladelphia.org

The Junior League of Philadelphia, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.
FALL SERVICE WEEKEND: A DIAD SUCCESS!

By: Katie Tonneman and Marci Leveillee

The Done in a Day Committee (DIAD) provides all League members with the opportunity to make a difference in the community in just one day. One of DIAD’s signature events is Fall Service Weekend, a special, all-hands-on-deck event each autumn. It’s a fun way to participate in a DIAD with a large group, and a fantastic opportunity for the Junior League to make a big difference in the community in just one weekend. This year, 70 Junior League members volunteered at five community partners across Philadelphia for Fall Service Weekend, October 21 and 22. Each project supported the JLP’s Apple a Day Healthy Living Initiative™, which is a multi-tiered community initiative with the goal of creating a positive impact on the health and wellness of adults and children in the greater Philadelphia area.

- At Urban Creators, volunteers cleaned up the community farm in north-central Philadelphia, including picking 75 tomatoes, pruning the sweet potato beds, and spreading mulch in preparation for winter.

- At Face to Face, volunteers prepared the garden for the winter, including cutting down trees, weeding, pulling up tarp, and harvesting the remainder of vegetables.

- With Philadelphia Orchard Project, volunteers harvested vegetables from the Pastorius Community Garden and prepared the garden for winter. They also planted additional cherry trees in the orchard.

- With City Harvest, volunteers helped to clean up the community gardens by the Schuylkill River Park, and filled 12 bags with weeds and garden debris!

- At Kleinlife in Northeast Philadelphia, volunteers prepared more than 170 meals for seniors served through the Meals on Wheels program, including a side of cinnamon apples, side of cauliflower and broccoli, and a main dish of butternut squash, greens, sage, and ricotta pasta. Many of the ingredients came from Kleinlife’s garden and other local food sources. The Junior League was able to contribute nine lbs of ricotta cheese and 20 lbs of pasta to make the meals.

Thank you to all the JLP volunteers who made this weekend a success! Keep an eye out for more great DIAD events on the JLP calendar. It’s a great way to earn a mission credit and help out one of our incredible community partners!

MEMBER MILESTONES

Ashley Hollander recently celebrated a graduation from yoga teacher training and successfully taught her first class.

Celebrating a fabulous member milestone?

New job • Birth of a baby • Wedding celebration • Awards

We want to celebrate with you! Publish an announcement in the next Hotline. Please email hotline@jlphiladelphia.org
A DAY WITH 12,000 FRIENDS

By: Elisabeth Lubin Ilca

Ten members had an opportunity to attend the PA Conference for Women on October 3 with a partial sponsorship from the League, and more than 20 of our members stopped by the JLP booth to show their support and network with our own League members as well as conference attendees. Keynote speakers included Michelle Obama, Brené Brown, and Shonda Rhimes, and breakout sessions covered topics ranging from personal development, finance, leadership, and philanthropy promoting messages of "moving in," being "as kind as you are fierce," and realizing "life is not a beer commercial." The JLP booth focused efforts this year on educating conference attendees about our mission, the Apple a Day Healthy Living Initiative™, and our current community projects and Fall Fete fundraiser. In addition to bringing more awareness to the JLP, the event platform served as "a great way for JLP to connect with other organizations that are promoting wellness in women and girls" according to member Lisa Donahue.

Our members shared the highlights of their experience. Being "in a room of women, of all ages, races, and backgrounds---it was amazing to feel the camaraderie in the air. I left feeling inspired and emboldened, supported and celebrated," says member Aronté Bennett. Jennifer Lengyel adds, "Attending the conference as a JLP member was a truly special and invaluable experience...I feel like I won the lottery!"

Danielle McNinch says, "what an incredible experience to be surrounded by 12,000 brilliant, successful, amazing women (and a few brave men) at this year’s Pennsylvania Conference for Women. The day was full of personal development opportunities and powerful conversations surrounding topics that matter most to women. I left there energized, empowered, and ready to be a catalyst for change. I think this is a great opportunity to educate the public about the work of the Junior League of Philadelphia. I am so grateful for the opportunity to attend. In closing, I didn't think it was possible to admire former First Lady Michelle Obama any more than I already do, but wow...she absolutely blew me away." It was "a life changing experience" for member Rosalyn Finlayson.

This event grows bigger and better each year, and on behalf of the League, I feel an enormous sense of gratitude that we were able to participate in the event again this year. Thank you to all of our amazing members who came out to support us.
The Kids in the Kitchen Committee (KITK) kicked off four different multi-week programs with our community partner, the Village, on October 11. Located in Southwest Philadelphia and Rosemont, the Village is a community-based organization that provides child welfare, residential programs, mental health, and prevention services to children and families. The Junior League of Philadelphia’s Apple a Day Healthy Living Initiative™ gives the JLP the opportunity to partner with the Village to provide after-school programming, food access, and healthy lifestyle choices to low-income students.

This year’s fall program will reach a total of 76 students at two different elementary schools in Southwest Philadelphia. The children take part in six weekly lessons and activities geared towards nutrition and healthy eating based on their age group. KITK Jr. serves first and second graders, and KITK Classic services grades three to five. The children come together as one large group at the conclusion of each weekly lesson to make a recipe based on what they’ve learned that day.

Instructors from the Village, who have been trained by the JLP KITK Committee, teach the lessons. Committee members have been hard at work since their first meeting in August on the curriculum and recipes for the fall program. Many students return to the program year-after-year, which means the program materials have to be updated to keep the concepts fresh and interesting.

The Opening Day of the program is always a special one for the kids. They have the opportunity to participate in a special full-group activity and a “juice toast” to kick off the new program. They also receive a special KITK present that they can bring home and use in their own kitchens. This year’s gift was a kid-sized KITK cutting board.

KITK is thrilled to be continuing its partnership with the Village, and looks forward to the possibility of launching the program with other community partners in the spring.
COMMUNITY CENTER AT VISITATION WORTHY AND WISE: A WELLNESS EXPO—YOU MATTER AND SO DO YOUR CHOICES

By: Stefanie Robinson and Stephanie Lippincott

The Community Center at Visitation’s Worthy and Wise health and wellness event, which took place on September 27, 2017, was a huge success! Besides being fun, it was very well organized. This wellness expo really hit our target demographics. Situated in the heart of Kensington, we were able to reach out to a community in need of the resources we had available. There were approximately 150 participants from the community. The expo offered HIV, blood pressure, and Hepatitis screenings. Attendees were able to receive free flu shots. Vendors and resources included:

• American Heart Association who made hot rice, chicken, and veggie bowls
• Keystone Health
• Ask-a-Doctor
• Ask-a-Pharmacist
• Ask-a-Nurse
• Food pantry had bags of fresh produce available for participants to take home
• Healthy snacks were provided during the event
• Women’s health information and giveaways

demonstrations with participant involvement at intervals during the entire day—including aerobic and yoga activities! A DJ made the event so much fun and community-oriented, as the music really allowed the participants to relax and dance. Every 30 minutes raffles were called, offering great healthy lifestyle related prizes including: fitness trackers, small kitchen appliances, a blood pressure monitor, healthy snack packs, and others.

The vendors were pleased with the exceptional turnout.

During the day, a fire truck visited and there were other indoor activities for the kids. A fitness instructor did

BRAND MARKETING & PUBLIC RELATIONS COMMITTEE: YOUR COMMUNICATIONS RESOURCE

By: Natalie Kay

Communications is the linchpin for any organization and it's especially true for a large organization like the JLP. As a resource for all committees, the Brand Marketing & Public Relations Committee’s (PR) job is to ensure that all of your great happenings can be promoted to other members in the League, and even to our external stakeholders.

Each member of the PR Committee is assigned as a marketing liaison to the other 19 committees in the League. Need to promote this year’s Fall Fete at the Skybox? We’re your women. Need to generate awareness of the Empowering You Health Fair to community members? We have a plan for that. Need recommendations on a community partner with analogous missions? We know people who know people.

If you need any help promoting all of the wonderful things that you are doing with your committee and our community, via public relations, social media, and more, don’t hesitate to reach out to your liaison.
SUSTAINER CHAIR’S PERSPECTIVE

Well, the JLP year is underway! By the time you receive this Hotline, the Fall Membership Meeting and the New York Theater Trip will be in the history books. Evening Sustainers have already enjoyed an informative and entertaining Trolley Tour of Valley Forge National Park and the various Special Interest Groups are in full swing.

Even though we’ve really just begun, the Nominating Committee is already planning for the 2018-2019 League year and can use your help. Is there a particular area of the JLP Sustainers that you are interested in or do you know someone who you think would be just perfect for a role? Don’t hesitate to speak up! To self-nominate or recommend another Sustainer for a position, contact the Nominating Committee Chair, Deb Talbot, at literarygal03@aol.com with the following information:

Your Name and contact info:
Nomination Name:
Position:
Recommendation (Why person would be a good fit for position):

If you plan to nominate someone, it is best to discuss the potential nomination with her first. Let her know why you think she would be a good nominee.

Following is an excerpt on Sustainer Nominating from the JLP Policies & Procedures:

The Nominating Committee is responsible “to prepare a slate of candidates for the following offices: Chair-Elect, Corresponding Secretary, and Recording Secretary or Treasurer (depending upon odd or even year) … for submission in the March 30 eLine”.

The Committee also “appoints the Chairs and Co-Chairs of the Sustainer Committees, the Sustainer Advisors to Active Councils and Committees, the Parliamentarian, the Nominating Committee Chair-Elect, and the members of the Sustainer Nominating Committee” (with) “the recommendations of the Sustainer Chair and Chair-Elect… No Sustainer may hold the same Leadership position for more than three (3) consecutive years. Sustainer Interest Groups are responsible for slating their own chairs and co-chairs.”

As we head into cooler weather, I know many of you will be headed for sunnier and warmer days. Stay in tune and in touch via the website, Facebook, and reading the eLines and eBlasts. I’m waiting for those first snowflakes and ski season.

Jeannette Schlegel
Sustainer Leadership Council Chair, 2017-2018

EVENING SUSTAINERS FALL 2017

By: Jeanne Andronowitz and Carol Konski

On October 14, the Evening Sustainers kicked off the League year with their first event, a tour of Valley Forge. We started the morning with apple cider and donuts as we waited for the trolley to arrive. Once on the trolley, our tour guide immediately set to work setting the stage for the winter of 1777–1778 at the encampment. We had extended stops and heard from additional National Park Service trained tour guides at the Muhlenberg Brigade Hut Site. Later we stopped at the Isaac Potts house, which was General Washington’s Headquarters at Valley Forge where he lived along with his key officers and Martha Washington. We were sad to see the tour end but were so amazed with what we learned about the spirit, drive, and commitment of General George Washington and his troops.

It was great to reconnect with Sustainer friends and to make new connections as well. We hope to see you at our future Evening Sustainer Events!

December: Stag & Doe Night in Chestnut Hill, December 13 at 6:30 p.m. We will meet prior for a light supper.
February: White Elephant/Dessert Tasting at the JLP Thrift Shop, February 5 at 6:30 p.m.
April: QVC Tour, date and time TBD
June: Cocktails at the new Four Seasons, date and time TBD

Washington’s Headquarters at Valley Forge
Photo Courtesy RevolutionaryPA.com
SUSTAINER FALL MEMBERSHIP MEETING

By: Margie Patches

Sustainers gathered at the Radnor Hotel for the Fall Membership Meeting, hosted by former President Sam Soldan and Cindy Landreth. The evening included an opportunity to learn about the impact that the Junior League is having with its Centennial Grants. Anne Rice-Burgess, President and CEO of Methodist Services, and Adrian Galbraith-Paul, Methodist Heritage Farm Manager, described the important role that their organization has in bringing healthy food to Philadelphia. The Methodist Heritage Farm, a grant recipient, provides fresh produce and hands-on education to families they serve. Their programs provide education on growing food and encourage healthy eating habits by providing food preparation and nutrition workshops. The organic farm also sells fruits and vegetables to program participants, neighbors, and farm-to-table restaurants at a weekly Farmer’s Market. For more information on this community organization, check out www.methodistservices.org.

SUSTAINER SCHUYLKILL RIVER BOAT TRIP TO BARTRAM’S GARDEN

By: Margie Patches

On a beautiful Sunday in September, Sustainers and their families boarded the Patriot Harbor Lines boat for a trip on the Schuylkill River. Joe Syrnick, President and CEO of the Schuylkill River Development Corporation (SRDC), took Sustainers first up to the Art Museum and the Fairmount Waterworks and then down to Bartram’s Garden on a personal tour of the river. SRDC is the non-profit organization that has been revitalizing the Schuylkill River corridor from the Fairmount Dam to the Delaware River, an area now being called “Schuylkill Banks.” The boat trip highlighted the new eight mile riverfront trail and ended with a picnic lunch and a tour of historic Bartram’s Garden. For more information on discovering the Schuylkill, check out www.schuylkilbanks.com.

HOTLINE DEADLINES

Fall Issue: November ’17

Please contact Hotline Editor Brittany Verga with questions or comments. The Hotline is eager to accept your articles and story suggestions. Please feel free to contact us with your articles and proposals to make this newsletter better. To publish the Hotline in a timely manner, articles are to be submitted via email at hotline@jlphiladelphia.org. Each article must have a byline and a headline. Remember Hotline also accepts advertising: $25 for classified ads, $200 for 1/2 page ads (4” x 5”), $300 for 1/2 page (7.5” x 5”) and $525 for full page ads (7.5” x 10”). Discounts are available for recurring ads. The Junior League of Philadelphia, Inc. is a 501(c)(3) organization.
JOIN AN AFFINITY GROUP

The Social Committee’s nine affinity groups create events and an opportunity for JLP members to develop friendships and connections within the JLP. Group events are posted to the JLP calendar as they are planned throughout the year. The Social Committee has created Google groups for each of the affinity groups. Links to request to join can be found by searching “Affinity Groups” on the JLP homepage, or by contacting the group’s Social Committee liaison, who will add you directly or send you a personal invitation to join. All members - Actives and Sustainers - are welcome and encouraged to join any or all of the groups.

- Book Club
- Coffee Club
- Dinner Party Club
- Documentary Club
- Fitness/Wellness Club
- Moms Club
- Night Out Club
- Philly Explorers Club